#### St Adrian's Weekly Bulletin- Friday 19th January 2024

Dear Parents and Carers,

#### **YOUNG VOICES**

What an AMAZING night! Once again, St Adrian's attended the Young Voices concert to be part of an 8472 strong choir in the O2 Arena. We danced, we sang, we laughed and we had the best time singing alongside artists such as Lydia White (the new Miss Honey from Matilda the Musical ), Urban Strides dance group and the incredibly talented Nandi Bushell the 13 year old drummer who has played alongside the Foo Fighters! It was a night to remember. Although it was a long and tiring day, I am sure some core memories were made for many. Thank you to Mrs Madders, Mrs Horwood, Mrs Sawle, Mrs Barrett and Mrs Mc Allister for helping with the children. Last but by no means least, thank you to Mrs Fitzgerald who has worked so hard in preparing the children. They knew all the words and had a blast. Finally, our brilliant Young Voices choir, you were great and as the sign said when we left the 02- You are all superstars. Well done!

#### **COLLECTION AFTER ENRICHMENT CLUBS**

Please can you ensure that children are collected promptly from any enrichment clubs after school. Many of our providers have other places to attend and therefore should be able to leave on time. Please make sure that the enrichment club provider has your contact details as it is not the responsibility of the school to dismiss the children from the enrichment clubs. You must be contactable by the provider and you must contact the provider should there be a problem with collection.

#### **UNIFORM EXPECTATIONS**

Please can we remind you that all children with hair longer than shoulder length should have it tied up. It avoids the children having hair in their eyes whilst they work and also the spread of head lice if we have a case in the school. Hair accessories should be simple in black or in the school colours. If we can also ensure that children are wearing the correct winter uniform with ties and proper footwear. Nail varnish is not permitted in school either. We try to encourage the children to take pride in their appearance and in their uniform and appreciate parental support in this matter.

### HAPPY HUMAN PROJECT - Years 1-6

Good mental health and wellbeing is so important for our children to thrive and so we have introduced a wellbeing club after school called the Happy Human Project. The children had their first session yesterday and it was a great success. There are still spaces available if you think your child would benefit from it. The club runs on a Thursday after school from 3.15pm-4.15pm. Please read the blurb below to find out more about the club. I have attached the flyer with the booking details as well.

Join us each week as we embark on a magical adventure and learn about managing our emotions! Our classes teach children about their brains, bodies and mental health in order to empower them with techniques to feel confident and calm. Each session involves fun movement, games, peer and self-massage, breathing techniques, positive affirmations and relaxation & mindfulness. Each session is designed to build compassionate, kind and self-aware children. These classes give them the opportunity

to learn how to deal with stress, develop a positive view of themselves and their abilities and build healthy relationships plus so much more!

### Here is the booking link: www.happyhumanproject.co.uk/bookings

### FUNFEST HOLIDAY CLUB - All year groups

Once again, St Adrian's will be providing a holiday club for the February half term filled with lots of fun activities. You can book your place by contacting the FunFest team.

More information and details can be found at: <u>https://fun-fest.co.uk/stalbans-abbey/</u> We hope that you will make use of this great service. There is a wide variety of activities that they run such as: laser tag, archery, circus skills, escape rooms, sports, themed parties and much, much more!



## **PLAYING OUT - STREET CLOSURES**

I have attached a flyer advertising 'Playing out' This flyer advertises the first free online Playing Out information session of 2024 for residents of the St Albans, Harpenden and the villages to find out how to close their road to through traffic up to 8 times a year to hold low-key street gatherings.

Playing Out St Albans District is a community project from the local charity Sustainable St Albans working in partnership with St Albans District Council. https://twitter.com/PlayingOutStA/status/1745189221453729956

#### **Congratulations to St Matthew!**

HOUSE POINTS- The points this week are as follows:

St Matthew =208 St Mark = 196 St John = 185 St Luke = 133 AWARDS THIS WEEK - CONGRATULATIONS TO ......

Class	Headteacher's Award	Star Writer Award
Reception	Nevaeh Khan	Leo Gates

Year 1	Macey Banham	Flavia Dos Santos
Year 2	Daniel Clark	Celine Simpson
Year 3	Serena Peru	Kevin Karunaratne
Year 4	May Biddlecombe	Arthur Christie
Year 5	Darragh Byrne	Annabelle Wilson
Year 6	Alex Kaskos	Maya Zammit Ventura

# IMPORTANT UPCOMING DATES

- Wednesday 24th January 2024 Year 4 trip to Verulamium Museum
- REMINDER MONDAY 29TH JANUARY INSET DAY SCHOOL CLOSED TO PUPILS

Have a wonderful weekend.

Many thanks,

**Mrs Porter**