

St Adrian's Weekly Bulletin- Friday 12th January 2024

Dear Parents and Carers,

HAPPY NEW YEAR!

Welcome back everyone and Happy New Year to you all. We hope that you all had a wonderful Christmas break and are refreshed and ready for a new year. The children have settled nicely back into their routines in school. The early wake up on Monday was a shock to the system, I am sure. To bless the start of this new year, we will be having Mass at 9.15am on Monday 15th January in school. Parents are welcome to join us.

HAPPY HUMAN PROJECT - Years 1-6

Good mental health and wellbeing is so important for our children to thrive and so we have introduced a wellbeing club after school called the Happy Human Project. The children had their first session yesterday and it was a great success. There are still spaces available if you think your child would benefit from it. The club runs on a Thursday after school from 3.15pm-4.15pm. Please read the blurb below to find out more about the club. I have attached the flyer with the booking details as well.

Join us each week as we embark on a magical adventure and learn about managing our emotions! Our classes teach children about their brains, bodies and mental health in order to empower them with techniques to feel confident and calm. Each session involves fun movement, games, peer and self-massage, breathing techniques, positive affirmations and relaxation & mindfulness. Each session is designed to build compassionate, kind and self-aware children. These classes give them the opportunity to learn how to deal with stress, develop a positive view of themselves and their abilities and build healthy relationships plus so much more!

Here is the booking link: www.happyhumanproject.co.uk/bookings

TECH CLUB - Years 3 -6

There are also still a few places on the Tech club. The club manager came to school to deliver an assembly on Wednesday and it all looked very exciting. Please ask the children about it.

The club will focus on game creation, coding, music production, video editing, 3D modelling, robotics coding and more. Check out their website for more information. The children have flyers in their bags today with booking information. I hope it too will be a great success.

[Coding Club Website](#)

FUNFEST HOLIDAY CLUB - All year groups

Once again, St Adrian's will be providing a holiday club for the February half term filled with lots of fun activities. You can book your place by contacting the FunFest team.

More information and details can be found at: <https://fun-fest.co.uk/stalbans-abbey/> We hope that you will make use of this great service. There is a wide variety of activities that they run such as: laser tag, archery, circus skills, escape rooms, sports, themed parties and much, much more!



PLAYING OUT - STREET CLOSURES

I have attached a flyer advertising 'Playing out'

This flyer advertises the first free online Playing Out information session of 2024 for residents of the St Albans, Harpenden and the villages to find out how to close their road to through traffic up to 8 times a year to hold low-key street gatherings.

Playing Out St Albans District is a community project from the local charity Sustainable St Albans working in partnership with St Albans District Council.

<https://twitter.com/PlayingOutStA/status/1745189221453729956>

Congratulations to St Luke!

HOUSE POINTS- The points this week are as follows:

St Luke = 321

St Matthew = 304

St Mark = 225

St John = 195

AWARDS THIS WEEK - CONGRATULATIONS TO

Class	Headteacher's Award	Star Writer Award
Reception	Lucy Simpson	Habibur Rahman
Year 1	Kishi Oke	Libby O'Malley
Year 2	Dollcie-Anna Mongan	Orlaith Connolly
Year 3	Brianna Carey	Evie Green
Year 4	George Adams	Alessia Donnellan
Year 5	Vincent Worsley	Sophia Peru.
Year 6	Oscar O'Malley.	Henry Madders

IMPORTANT UPCOMING DATES

- Monday 15th January 9.15am - Mass to celebrate the new year in school- parents welcome
- Thursday 18th January - Choir attend Young Voices at the O2 Arena
- Friday 19th January - Year 3 cake sale after school.

Have a wonderful weekend.

Many thanks,

Mrs Porter