**PE Vocabulary Key Stage 2**

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| **Gymnastics** | **Stability resilience team work patience communication strength align balance base body climb centre of gravity compose control expression flight fluency hang leap level precision select sequence hold stretch travel vault tempo equipment** |
| **Dance** | **motif unison canon dynamics rhythm music stimulus mirroring improvise sequence actions movements spatial awareness speed level choreograph style travel fluency transition step pace routine repetition level props patience team work communication feedback individuality change content passion influence transformation** |
| **Invasion/ Striking and Fielding/Net**  **Games** | **control accuracy fair possession pass forehand backhand field dribble shoot plan communicate lead team work space rules referee fairness equality resilience skill perseverance judgement tactic attack team defend game strength** |
| **Athletics** | **control accuracy fair possession pass forehand backhand field dribble shoot plan communicate lead team work space rules referee fairness equality resilience skill perseverance judgement tactic attack team defend game strength** |
| **Swimming** | **Breast Stroke, Front crawl, Butterfly, Backstroke, tread water, Body position, leg action, arm action, breathing, glide, self -rescue goggles, clothes, shout, climb, flag, life guard, bouyancy** |
| **Outdoor Adventurous Activity** | **Problem solving control map symbols identify route compass obstacle equipment competition organise terrain Out-of-bounds boundary record outdoors arrows adventure orienteering teamwork communication direction North East South West trail** |