

St Adrian's Weekly Bulletin- Friday 10th February 2023

Dear Parents and Carers,

CHILDREN'S MENTAL HEALTH WEEK - MONDAY 6TH FEBRUARY- SUNDAY 12TH FEBRUARY



As part of Children's Mental Health Week, each class did a variety of activities. We did some lovely artwork, some mediation and yoga. We talked about and expressed all our emotions. On Wednesday afternoon, we had a lovely carousel of activities where we moved from teacher to teacher in our house teams and got to work with children we don't normally play with. Each class also painted a puzzle piece which we all connected together to form a lovely jigsaw puzzle made by the whole school. The theme was 'Let's Connect' and we certainly did that.

SAFER INTERNET DAY

Safer Internet Day this year had the theme of "Want to talk about it" which fitted in with the Children's Mental Health Week slogan of "Let's Connect" perfectly. In assembly on Tuesday and in house groups on Wednesday, the children thought about the obstacles to talking about any difficult internet issues. These include the risk of getting into trouble over making a wrong choice online and we talked about, nevertheless, how important it is to overcome them, to move forward and secure our own mental wellbeing.

SPORTING SUPERSTARS!

On Wednesday, St Adrian's netball team secured a good win over Camp School in an evenly-matched home game. Well done - a great team effort! Thank you to the parents for your support at the match.

NSPCC- MATHS NUMBER DAY

Thank you for your very generous donations for NSPCC Maths Number Day. I happy to say that we raised £130.50 for this great cause.

ASH WEDNESDAY AND LENT

When we return to school after the half term, we will begin the season of Lent. Children in Year 2-6 will attend the 9.30am Mass at St Bartholomew's to receive the ashes and we will distribute them to the younger children with a special service led by the Chaplaincy Team. Parents are welcome to join us.

As part of our fundraising for Lent, I have signed myself up to hopefully be part of a team for St Adrian's to do the big Lent Walk. I aim to walk 200km (120 miles) in 40 days to raise funds for this worthwhile charity. I am hoping that you will either sponsor me or join in the St Adrian's team. I will send a link in due course once Lent starts.



GREEN SHOOTS GARDENING CLUB

Spring is in the air and if you look very carefully, you can see the green shoots of daffodils, onion sets, newly planted trees and pansies all around the school grounds. We are looking forward to resuming the Green Shoots Gardening Club after the half term holiday, with a total cost for the half term of £36. If you have a child in Years 1 to 6 and they would like to join our happy band of gardeners, please sign up in the usual way via Arbor.

We look forward to seeing you there.

Mrs Hayes

FREE ROCKSTEADY TRIAL SESSIONS

If you are interested in trialling a Rocksteady Session, please contact Ben below:

Name Ben Miller- Head of Impact (SchoolExperience)

Telephone tel:0330 113 1987 (Hotline)

Email ben.millier@rocksteadymusicschool.com

HEALTHY SNACKS

We have noticed that the children are bringing in crisps and chocolate for break. This is not what we would say is a healthy snack for break. We wish to encourage the children to think about a healthy lifestyle and we ask for your support in this.

Furthermore, please could we encourage the KS2 children to place their morning snack in their school bags and not in their packed lunches so that they can access them safely in the classroom if there is wet play or they are going swimming.

ST BARTHOLOMEW'S ANNOUNCEMENTS

12 th February 10.30am-Family focused Mass Open To All

On the 12 th February St Barts welcomes all to attend our 10.30am Family Focused Mass. This mass will have a special focus on involving our children and young people throughout the liturgy (welcomers, readers, joining with the music [voices and instruments] and offertory procession) and will replace the children's liturgy on this day. Those attending the First Holy Communion and Children's Liturgy groups will be given more information by the relevant leaders. If you would like to participate and do not attend these groups please contact Elizabeth Lizzio at efkelly88@gmail.com. Following this mass there will be the February Cake Bake event which will include a children's activity. We look forward to seeing our families there!

Congratulations to St John!!!!

HOUSE POINTS- The points this week are as follows:

St John = 269

St Mark = 220

St Luke = 215

St Matthew = 138

Headteacher's Awards - Certificates will be presented on Monday 20th February

This week's awards go to:

Year 6: Jayron Savage and Ginaluca Barletta

Year 5: James Ngu and Lily Christie.

Year 4: Kane Hodgman and Gabriel Watson

Year 3: Alessia Donnellan and Mia Roache

Year 2: Kiara Kamra and Liam Reidy.

Year 1: Callum Carvalho and Sofia Lupu

Reception: Ryan Irani and Durra Belhaj

Have a wonderful half term break.

Many thanks,

Mrs Porter