## Supporting Smooth Transitions | 2021

## **Transition Supplement**



A selection of documents provided by other agencies providing guidance for parents, to support transition to school.

1.	Here I come – I am starting school	www.hertfordshire.gov.uk/readyforschool
2.	I'm Starting school	www.hertfordshire.gov.uk/readyforschool
3.	Take time to read (Nursery)	www.hertfordshire.gov.uk/libraries
4.	Take time to read (Reception)	www.hertfordshire.gov.uk/libraries
5.	ERIC guide for toilet training	www.eric.org.uk
6.	Good Night Sleep guide	www.sleepcouncil.org.uk
7.	Eating well packed lunches	https://www.firststepsnutrition.org
8.	Physical activity for early years birth to 5	https://www.nhs.uk/live-well/exercise/physical-activity-guide- lines-children-under-five-years/



