**St Adrian’s P E Statement of Intent**

The 2014 national curriculum for Physical Education aims to ensure that all pupils:

study a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness.

Opportunities to compete in sport and other activities, build character and help to embed values such as fairness and respect.

Aims- The national curriculum for physical education aims to ensure that all pupils:

* develop competence to excel in a broad range of physical activities;
* are physically active for sustained periods of time;
* engage in competitive sports and activities;
* lead healthy, active lives.

Whilst the National Curriculum, in its entirety, will provide the framework around which the Physical Education Curriculum at St Adrian’s will be structured, it is our intent to offer a curriculum that makes provision for:

* allow each child to aspire to their potential as physically literate individuals with the movement foundation for lifelong participation and enjoyment in physical activity;
* providing opportunities to develop the attributes of motivation, confidence, physical competence, knowledge and understanding in PE;
* respecting themselves and others;
* regularly employing the skills of running, jumping, throwing and catching in isolation and in combination;
* engagement and relevance to the pupils;
* opportunities for children to hone the generic skills of collaboration, independence, research, and reflection;
* play competitive games to encourage fair play, the ability to approach winning and losing with dignity; and (when representing their house or school) a sense of shared identity and team spirit;
* opportunities for outdoor adventure and swimming;
* encouraging pupils to be active outside of PE lessons both in and beyond the school day;
* developing metacognitive skills in planning, monitoring and evaluation with respect to physical activity;
* providing the knowledge and understanding to make healthy lifestyle choices;
* promoting well-being through physical activity as well as by :engaging with others; instilling lifelong-learning; developing in pupils a greater awareness of their surroundings; and opportunities to do good for others.

**Implementation**

Physical Education is taught under several different areas in EYFS and as a separate, time-tabled subject in key stages 1 and 2.

EYFS-

Children in EYFS are physically active for at least 3 hours per day and as well as fully addressing the EYFS Prime area of Physical Development, this activity will also support progress in the other two prime areas ( Personal, Social and Emotional Development; and Communication and Language). The Early Years curriculum is designed and implemented by the Early Years staff so that it best suits the needs of their learners. The school’s specialist P E teacher is also able to offer input where necessary.

Key Stages 1 and 2

In Key stages 1 and 2, pupils have 2 hour’s timetabled P E each week. This is delivered in two discrete lessons – ~~one delivered by the specialist P E teacher and the other~~ delivered by the class teacher. ~~Typically, the class teacher will address a different area of P E to the specialist PE teacher but there is the flexibility for both teachers to follow subsequent lessons in the same area (scheme) if the class teacher feels that this would be of benefit (e.g. for professional development purposes).~~

The N.C. for Physical Education indicates what content and skills should be taught for each Key Stage. Through weekly lessons, the Physical Education is delivered in topics that conform to this requirement.

Increasingly, it is recognised that a broad and balanced education should not only teach a full range of subjects in sufficient depth but is most effective when links and skills are transferred between subjects. Wherever possible, Physical Education teaching will support other current curricular themes. This will highlight each discipline’s relevance, make the children more proficient and versed in applying their skills to new situations and make efficient use of the weekly timetable.

Individual class teachers are best placed to tailor their year group’s curriculum. Consequently, St Adrian’s has no prescribed scheme of work for Physical Education to deliver the N.C. but is fully resourced with the ‘I-Moves’ resource which comprehensively covers the P E curriculum and offers many additional resources to bring activity into other curriculum areas . Additionally, the school subscribes to ‘The Curriculum Visions Library’ which supports the current National Curriculum and provides a culturally and historically diverse material in the P E related areas of well-being, food and healthy diet.

Each P E topic will have specific technical scientific vocabulary which the children will be expected to use correctly and precisely. Teachers will make known the expected learning outcomes at the start of the lesson and pupils will be made aware of their progress against these and what to do to improve their performance.

Where possible, new technologies and computing will be used to enhance the teaching of Physical Education. Physical Education themed events will be initiated to supplement and enhance the pupils’ learning experience.

All pupils are unique and Physical Education teaching will construct upon their experiences and prior knowledge; be sympathetic to their cultural heritage (concurrent with British Values); and employ a variety of teaching methods and styles to inspire and bring the joy of leaning and achievement to all.

Throughout the year, all of elements that need to be addressed to meet every area of the PE curriculum will be taught.  These areas include Invasion Games, Net/Wall Games, Striking and Fielding Games, Gymnastics, Athletics, Dance and Outdoor Adventurous Activities (OAA).  Swimming is taught in years 2, 3 and 4 by external coaches at the local swimming pool. Additional lessons for selected Year 5 and Year 6 pupils are available to help ensure that all pupils can achieve the three, key swimming competences by the end of Year 6.

As well as developing physical skills, the P E teaching at St Adrian’s will address the development of the ‘soft skills’ so that by the end of Year 6 the pupils will also be able to: cooperate in a group to design games; collaborate to organise games;

officiate the scoring of other in designed games; use digital technology; lead aspects of the teaching and training; and suggest ways to improve and take on board feedback from peers.

As a Catholic School, all our teaching will be underpinned by Gospel values which expound the innate dignity of everyone.

**Impact**

All children at St. Adrian’s receive a broad and balanced PE curriculum regardless of year group or ability. Every child accesses all of the key areas of the subject on offer at our school. Teachers plan PE with clear progression of skills and knowledge that we have devised as part of our curriculum offer to ensure that all children access it at an age appropriate level. This has had a very positive impact on the outcomes for the pupils who are, relative to their age, physically literate when assessed using (CHECK WITH HEATHER).

Pupil voice confirms how much they enjoy P E lessons and activities. Although we are a single –form entry school, we often out performs larger schools in competitions.

In addition to PE in curriculum time, there is a large uptake in the many opportunities for children to access extracurricular physical activity through the wide range of sporting and active clubs such as: football, hockey, multi sports, tennis and hockey. Our pupils are and are encouraged to be active during playtimes through the use of playground activity leaders, and playground equipment; ensuring that we are giving children at our school the best possible chance of achieving the recommended 60 minutes of physical activity each day.

The pupils elect sports ambassadors and health and well-being representatives.

In Key Stage 2, as many opportunities as possible are provided for children of all abilities to have the opportunity to represent the school in festivals and sporting competitions involving other schools. Throughout the year, there are whole school sporting celebrations, events and activities- many of which allow for participation by parents and carers.

In summary, the broad and balanced PE curriculum at St Adrian’s contributes to our proudest achievement – healthy, rounded and enthusiastic pupils who are well-prepared for the next stages in life’s journey.