**OURSELVES**

The first RE topic we will study in Year 5 is called ‘Ourselves’.

At the end of the topic, the children should be able to answer the question : ‘Who am I?’

They will learn that each person is made in the image and likeness of God. To know ourselves and to appreciate that our value is central to our well-being.

From the Catechism of the Catholic Church: ‘Knowing the unity and true dignity of all. Everyone is made in the image and likeness of God.’

Scripure

From the book of Genesis, a Greek word meaning ‘becoming’ or ‘beginning to be made’. It is the very first book in the Bible and tells us about the beginnings of the world. In it we are told that God made us all just to be like God – made in God’s image and likeness.

Then God said: “Let us make people to be like ourselves.

Men and women who can know and love me

and know and love one another;

and I will give them charge of the fish of the seas,

the birds of the sky, and all the animals wild and tame

and all the reptiles that crawl upon the earth.”

So God created men and women

who could love and care for the world and everything in it

and could love and care for one another;

men and women who could know God

and love and serve God.

God blessed them and said to them:

“Fill the world with people; look after the world;

look after one another;

take care of the fish and the birds, the animals and the

reptiles,

the trees and the flowers and the plants.”

And so it was.

God saw all creation and indeed it was very good.

**Suggestions for home activities**

Make a collage using family photographs of all the significant family members—grandparents, parents, children, aunts, uncles etc. who show God’s love.

Write underneath it

**“We show God’s love to one another.”**

Include those who have died.