**The Memorare**

REMEMBER, O most loving Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired therefore by this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. Despise not my poor petitions, O Mother of the Word Incarnate, but hear and graciously answer me.

Amen.